

# DOCK MEAT & FISH



*fresh meat*

**premium quality**





FRESH PRODUCT IS WHAT WE GUARANTEE HERE AT  
DOCK MEAT & FISH!

ON AVERAGE PRODUCTS CAN BE UP TO 2-3 TIMES  
FRESHER & LONGER DATED THAN MOST RETAILERS. THIS IS  
SOURCED FOR YOU DAILY JUST HOURS BEFORE DELIVERY  
BY OUR EXPERT BUYER FROM OUR AGE OLD LONDON  
MARKETS.

ALSO ITS DELIVERED BY US FREE OF CHARGE BY US IN OUR  
OWN TEMPERATURE CONTROLLED VEHICLES. JUST FRESH  
HIGH QUALITY CHILLED FOOD DELIVERED PROMPTLY  
EVERY TIME YOU ORDER



# Steak & Beef

## FILLET STEAK

### CHAIN ON FILLET

---

PER KG **£33**

### CHAIN OFF FILLET

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PER KG **£37**

### PRIME SCOTCH FILLET

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PER KG **£42**

## SIRLOIN STEAK

### RIOPLATENSE ARGENTINIAN HALF SIRLOIN PIECES

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PER KG **£21**



## SCOTCH SIRLOIN ROLL

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PER KG **£16**

## SCOTCH PRIME SIRLOIN

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PER KG **£25**

## ABERDEEN ANGUS SIRLOIN

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PER KG **£24**

## RIBEYE STEAK

### PRIME SCOTCH RIBEYE

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PER KG **£36**

### RIBEYE

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PER KG **£27**



## RUMP STEAK

### WHOLE PRIME SCOTCH RUMP

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PER KG

**£14**

### PRIME SCOTCH RUMP SLICED TO ORDER

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PER KG

**£16**

### RUMP STEAK

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PER KG

**£12**

## T-BONE STEAK

### INDIVIDUALLY CUT T-BONE STEAK

---

PER KG

**£17**



## TOMAHAWK STEAK

### PRIME SCOTCH TOMAHAWK STEAK

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PER KG

£29

## ROASTING JOINTS

### BONELESS SHORT RIB

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PER KG

£11

### BLACK ANGUS BEEF TOPSIDE ROLL

---

PER KG

£12

### SCOTCH DRY AGED FORE RIB OF BEEF

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PER KG

£15

### PRIME SCOTCH FORE RIB

---

PER KG

£22



## PRIME SCOTCH BEEF & JACOBS LADDER

### PRIME SCOTCH JACOBS LADDER

---

PER KG **£9**

### BEEF SHORT RIB

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PER KG **£8.50**

### RIB FINGERS 0.5 - 1KG PACKS

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PER KG **£7**

### SALT BEEF

### RIB FINGERS 0.5 - 1KG PACKS

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PER KG **£11.50**



## SLOW COOKED BEEF

### BRISKET

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PER KG **£8.50**

### CHUCK TENDER

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PER KG **£10**

### PRIME SCOTCH LMC

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PER KG **£8**

### BEEF SHIN

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PER KG **£6**

### WHOLE OXTAIL

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PER KG **£10**





## MINCE

ALL MINCE IS MINCED TO ORDER ON THE MORNING OF DELIVERY

### STEAK MINCE ( BETWEEN 2 - 5% FAT CONTENT )

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2 KG	£18
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4 KG	£35
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### 5- 10% LEAN BEEF MINCE

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2 KG	£15
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4 KG	£29
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[www.dockmeatandfish/steak&beef](http://www.dockmeatandfish/steak&beef)

Buying meat has  
never been easier



# Chicken & Poultry

## BONELESS SKINLESS GRADE A CHICKEN FILLETS

---

MEDIUM BREAST 200/230G - 5KG TRAY	<b>£27</b>
10KG BOX ( 2 TRAYS )	<b>£53</b>
MEDIUM BREAST 200/230G - 5KG TRAY	<b>£25</b>
MEDIUM BREAST 200/230G - 5KG TRAY	<b>£49</b>

## BONELESS & SKINLESS CHICKEN THIGH MEAT

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5KG TRAY	<b>£25</b>
10KG BOX	<b>£49</b>

## BONELESS SKIN ON THIGH MEAT

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5KG TRAY	<b>£25</b>
5KG TRAY	<b>£49</b>



## FRESH WHOLE CHICKENS

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5 CHICKENS	<b>£22</b>
BOX OF 10	<b>£43</b>

## LARGE ITALIAN CHICKEN

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PER KG	<b>£3</b>
OR 6 FOR (PER KG)	<b>£2.70</b>

## CHICKEN PIECES WHOLE BOXES

### CHICKEN LEGS ( THIGHS AND DRUMSTICKS )

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10KG BOX	<b>£25</b>
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### OYSTER CUT CHICKEN THIGHS (MINIMUM BONE)

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10KG BOX	<b>£30</b>
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### 3 PIECE CHICKEN WINGS

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10KG BOX

**£30**

## TURKEY & POUSSIN

### TURKEY BUTTERFLY 4KG - 7KG IN WEIGHT

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PER KG

**£9.50**

### POUSSIN

---

X5

**£14**

X10

**£27**

### TURKEY MINCE

---

PER KG

**£7**



## CHICKEN NUGGETS, MINI FILLETS & HOT WINGS

### CRISPY HOT WINGS 1KG BAG

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EACH	<b>£7</b>
3 FOR	<b>£20</b>

### BATTERED CHICKEN NUGGETS

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1KG BAG	<b>£6</b>
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### SOUTHERN FRIED CHICKEN FILLETS IN BREADCRUMBS

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1KG BAG	<b>£10</b>
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## CORN FED CHICKEN

### CORN FED CHICKEN SUPREME

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CORN FED	<b>£8</b>
3 FOR	<b>£23</b>

### CORN FED CHICKEN WINGS

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5KG BOX	<b>£10</b>
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### CORN FED WHOLE CHICKENS

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BUY 1 FOR	<b>£6</b>
BUY 4 FOR	<b>£23</b>
BUY 8 FOR	<b>£45</b>

[www.dockmeatandfish/chicken](http://www.dockmeatandfish/chicken)



So.....

we meat again



# Beef Burgers

## BEEF BURGERS

### 21 DAY DRY AGED 6OZ BEEF BURGER

---

10 FOR **£17**

### FRESH STEAK BURGERS 4OZ

---

15 FOR **£16**

## FROZEN BURGERS

### 90% MEAT CONTENT

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USA 2OZ BURGERS 90% X24 **£22**

USA 4OZ BURGERS 90% X24 **£17**

USA 4OZ BURGERS 90% X48 **£33**

USA 6OZ BURGERS 90% X24 **£25**



## WAGYU BURGERS & BEEF MARROW MELT STICK

**12 X 200G WAGYU BURGERS**

---

198% WAGYU BEEF BURGERS

**£60**

## BONE MARROW MELT

**THE CHEFS SECRET INGREDIENT ADDS AN INTENSE  
BEEF FLAVOUR GREAT WITH ALL STEAK TYPES AND  
ADDS A REAL DEPTH TO MINCE & STEWS**

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-

**£8**

**[www.dockmeatandfish/burgers](http://www.dockmeatandfish/burgers)**

A close-up, slightly blurred photograph of several skewers of grilled food, likely meat and vegetables, cooking over a fire. The skewers are arranged vertically, and the fire is visible at the bottom. The overall tone is warm and appetizing.

*Summer is  
coming...*

# Lamb

## LAMB CHOPS

---

3 KG BAG **£35**

## LAMB BEST ENDS

---

1 KG **£20**

3 KG **£59**

## BONE IN NECK OF LAMB (CUT TO ORDER)

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PER KG **£6**

## JOINTS OF LAMB

### BRITISH LEG OF LAMB

---

PER KG **£9.50**

### BRITISH SHOULDER OF LAMB

---

PER KG **£9**



## FRESH VAC-PACK LAMB PACKS

### LAMB SHANKS

---

PER KG **£12**

### LAMB NECK FILLETS

---

PER KG **£20**

### LAMB FILLET

---

PER KG **£22**

### LAMP RUMPS

---

PER KG **£18**

## BONED & ROLLED LAMB JOINTS

### BONED & ROLLED SHOULDER OF LAMB

---

PER KG **£10**



## FROZEN LAMB CHOPS & LAMB MINCE

### FROZEN LAMB CHOPS PER BOX

---

5 KG BOX

**£55**

### LAMB MINCE

---

2KG

**£17**

4KG

**£31**

## PREPARED BBQ LAMB

### FRESH LAMB KOFTE

---

X10

**£12**

[www.dockmeatandfish/lamb](http://www.dockmeatandfish/lamb)



Fancy meaty  
you here!

# Pork

## PORK

### BRITISH BONE IN PORK CHOPS

---

PER KG **£4.70**

### WHOLE BONELESS PORK LOIN

---

PER KG **£4.75**

### BRITISH BELLY PORK STRIPS

---

PER KG **£5.50**

### BRITISH WHOLE PORK BELLY PIECE

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PER KG **£5.20**

## PORK RIBS

### FRESH SPARE RIBS

---

APPROX 3 KILO BAG **£15**





## BABY BACK PORK RIBS

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10 KG BOX

**£65**

## BRITISH BONED AND ROLLED PORK LOIN OR PORK LEG JOINT.

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PER KG

**£5**

## BRITISH PORK BONELESS COLLAR

---

PER KG

**£4.50**

## WHOLE LEG OF BRITISH PORK

---

PER KG

**£4.20**



## BRITISH SHOULDER OF PORK

---

PER KG **£4**

## PORK FILLETS

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PER KG **£8**

## IBERICO PORK

### BRITISH PORK BONELESS COLLAR

---

PER KG **£19**

### MEATY IBERICO PORK RIBS

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PER KG **£9**

### IBERICO BELLOTA HAM

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80G PACKS **£9**



## PORK MINCE

### MINCE

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2KG	£10
4KG	£20

[www.dockmeatandfish/pork](http://www.dockmeatandfish/pork)



*Don't go  
bacon my heart*

# Bacon & Gammon

## BACK BACON

### FRESH BIG VALUE THICK CUT BACK BACON PACKS

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2.26KG £13

### SMOKED BIG VALUE THICK CUT BACON PACKS

---

2.26KG £14

### DRY CURE BACK BACON NORMAL OR SMOKED

---

1.5KG £13

### A1 CATERING BACON

---

EACH PACK £11.50

BOX OF 4 £45



## STREAKY BACON

### STREAKY BACON

---

2.26KG

£15

### SMOKED STREAKY BACON

---

2.26KG

£15

### PORTERS DRY CURE STREAKY BACON SMOKED

---

1.5KG

£15



## WHOLE GAMMON JOINTS

### HALF DANISH GAMMON HORSESHOE

---

PER KG **£5.80**

### SMOKED DANISH HORSESHOE GAMMONS

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PER KG **£6.20**

### GAMMON SLIPPERS

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PER KG **£5.50**

### GAMMON HOCK

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PER KG **£4**



## GAMMON STEAKS & PANCETTA

### PANCETTA PIECE

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PER KG	<b>£15</b>
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### GAMMON STEAKS

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6OZ X 4 PER PACK	<b>£6</b>
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8OZ X 4 PER PACK	<b>£8</b>
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[www.dockmeatandfish/bacon-gammon](http://www.dockmeatandfish/bacon-gammon)





You are the  
Sausage to my  
Roll

# Sausages

SAUSAGES ARE MADE TO ORDER - 24 - 48 HOURS NOTICE IS REQUIRED

## CLASSIC SAUSAGES

### CLASSIC PORK SAUSAGE

---

13 JUMBO **£7.50**

18 SAUSAGES **£7.50**

### CUMBERLAND SAUSAGES

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13 JUMBO **£7.50**

18 SAUSAGES **£7.50**



## MEREGUZ CHIPOLATA SAUSAGE - KILO TRAY

---

2.5 PACK

**£23**

## CHORITZO FRESH SAUSAGE

---

2.2KG

**£23**

## CHIPOLATA - 22-24 CHIPOLATAS

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PER KG

**£7**

## PIGS IN BLANKET

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-

**£22**



## STEAK SAUSAGE

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1.5 PER PACK

£12

## PORK AND LEEK

---

1.5 PER PACK

£8

## SAUSAGE MEAT ( PORK )

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-

£3

## SAUSAGE MEAT ( CUMBERLAND )

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-

£3



## SPECIALITY SAUSAGES

### WILD BOAR & APPLE SAUSAGES

---

2.5KG

£24

### VENISON & RED WINE SAUSAGES

---

2.5KG

£24

### CHICKEN & APRICOT SAUSAGES

---

2.5KG

£20



## SAUSAGES FROM AROUND THE WORLD

### ITALIAN SALCIS SAUSAGE

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1.1/1.2KG

£12

### BOCKWURST SAUSAGE

---

1.6KG

£10


### BRATWURST

---

10 JUMBO

£10

[www.dockmeatandfish/sausages](http://www.dockmeatandfish/sausages)

A close-up photograph of several thick slices of cooked ham stacked on a dark wooden cutting board. The ham has a golden-brown, slightly glazed exterior and a pale, tender interior. In the top right corner, a small sprig of fresh green rosemary is visible. The lighting is soft, highlighting the texture of the meat and the wood of the board.

*I wanna hold  
your ham...*

# Cooked Meats

## COOKED SLICED GAMMON HAM

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PER KG **£5**

## COOKED SLICED GAMMON HAM

---

PER KG **£10**

## COOKED 100% GAMMON HAM JOINTS

---

PER KG **£9.50**

## COOKED 100% SLICED TURKEY BREAST

---

1KG **£12**

## SLICED PROSCUITTO

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1KG **£9.50**





## SALAMI

### MORTADELLA HALF STICK

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PER KG	£10
600G BALL	£7

### SALAMI FELINO HALF STICK

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400G	£8
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### SALAMI MILANO

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500G	£8.50
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### CHORIZO

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500G	£6.50
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## SAUSAGE STICKS

### LIVER SAUSAGE WHOLE STICK

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1KG £6

### BLACK PUDDING STICK

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1.36KG £5

### WHITE & BLACK PUDDING RING

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WHITE PUDDING RING £3

BLACK PUDDING RING £3

BUY THEM BOTH £5

### LARGE SAVELOYS 2,27KG

---

20 LARGE SEASONED SAUSAGES £15



## SAMOSAS & GALA PIE

### GALA PORK PIE

---

6LB IN WEIGHT **£20**

### LARGE SAMOSAS ( EXTRA LARGE )

---

15 IN A BOX **£15**

## COOKED AND SMOKED DUCK

### CONFIT DUCK LEGS

---

PACK OF 5 **£16**

### LARGE SMOKED COOKED DUCK BREAST

---

- **£7**

[www.dockmeatandfish/cookedmeats](http://www.dockmeatandfish/cookedmeats)



*You Quack  
me up!*

# Game

## DUCK

### DUCK BREAST

---

PAIR £8

### DUCK LEGS

---

PAIR £6

## GOOSE

### GOOSE BREAST

---

SINGLE/EACH £10

### GOOSE LEGS 2 IN A PACK

---

800G £11

### GRESSINGHAM GOOSE WHOLE 4-8KG

---

PER KG £12



## RABBIT

### RABBITS WHOLE 1-1.5KG AVERAGE

---

PER KG

£15

### RABBIT LEGS X6

---

PER KG

£23

### RABBIT SADDLES X5

---

PER KG

£18



## GAME VARIOUS

### QUAILS 4 IN A PACK

---

PER KG

£7

### PHEASANT (CLEANED)

---

EACH

£4

### GUINEA FOWL

---

PER KG

£9

### GUINEA FOWL SUPREMES

---

2 IN A PACK

£6



## VENISON

### FRESH VENISON FILLET

---

PER KG

£40

### VENISON STEAKS 2 IN A PACK

---

454KG

£10

### HAUNCH OF VENISON APPROX WEIGHT 5-7 KG

---

PER KG

£9

[www.dockmeatandfish/game](http://www.dockmeatandfish/game)



A top-down view of a dark grey plate containing several slices of cooked salmon. The salmon is garnished with fresh green parsley leaves. The text "I'm a Liver not a fighter" is overlaid in a white, cursive font in the center of the image.

*I'm a Liver  
not a fighter*



## LIVER

### LAMBS LIVER 5KG BAG ( 2KG MINIMUM ORDER )

---

PER KG **£3.75**

5KG **£18**

### CALVES LIVER 3-5KG TUB

---

PER KG **£14**

### CHICKEN LIVER

---

PER KG **£4**

3 TUBS **£11**

### PIGS LIVER ( 2 KILO MINIMUM ORDER )

---

PER KG **£2.80**

### OX LIVER ( 2 KILO MINIMUM ORDER )

---

PER KG **£2.00**



## HEARTS

### LAMBS HEARTS

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PER KG **£4.50**

### CHICKEN HEARTS

---

PER KG **£3**

### BEEF HEARTS

---

PER KG **£3**

### PIGS HEARTS ( 2 KILO MINIMUM ORDER )

---

PER KG **£3.20**



## KIDNEYS

### PIGS KIDNEYS ( 2 KILO MINIMUM ORDER )

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PER KG

**£2.80**

### LAMB KIDNEYS ( 2 KILO MINIMUM ORDER )

---

PER KG

**£5.75**

[www.dockmeatandfish/offal](http://www.dockmeatandfish/offal)



Oh my Cod

# Filleted Fish

## SEA BASS & COD FILLETS

### SEA BASS

---

2KG BOX SMALL/MEDIUM	<b>£38</b>
2KG BOX LARGE	<b>£42</b>

### COD FILLETS

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3KG BOX	<b>£50</b>
6KG BOX	<b>£97</b>

### SEABREAM FILLETS

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3KG BOX	<b>£45</b>
6KG BOX	<b>£89</b>



## HADDOCK & PLAICE FILLETS

### HADDOCK FILLETS

---

4KG BOX

**£68**

### PLAICE FILLETS

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4KG BOX

**£70**

## SALMON & TROUT FILLETS

### PRIME SALMON FILLETS

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PER KG

**£23**

### TROUT FILLETS

---

3 KG BOX ON ICE

**£40**



## FRESH TUNA & SWORDFISH STEAKS

### TUNA FILLETS

---

PER KG

**£19**

### SASHIMI QUALITY TUNA FILLET

---

PER KG

**£24**

### SWORDFISH FILLET

---

PER KG

**£20**

## SARDINES

### SARDINE FILLETS

---

3 KG BOX

**£28**





Leave it to  
Salmon else!

# Fresh Whole Fish

## SALMON - PLAICE & SKATE

### WHOLE PRIME SALMON SIZE 3-7 KILOS

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PER KG	<b>£12</b>
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### WHOLE PLAICE (2 FISH MINIMUM ORDER)

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PER KG	<b>£9</b>
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### SKATE

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3KG BOX	<b>£36</b>
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6KG BOX	<b>£65</b>
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## WHOLE SEABREAM

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3KG BOX **£24**

6KG BOX **£47**

## WHOLE SEABASS

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3KG BOX **£28**

6KG BOX **£55**



## TURBOT - DOVER SOLE & LEMON SOLE

### WHOLE TURBOT

---

PER KG

**£28**

### WHOLE DOVER SOLE CLEANED

---

PER KG

**£26**

### WHOLE LEMON SOLE CLEANED

---

PER KG

**£22**

## MONKFISH & MACKEREL

### MONKFISH HEAD REMOVED 8-2KG AVERAGE

---

PER KG

**£20**



## MACKEREL WHOLE 3KG MINIMUM ORDER

---

PER KG

**£8**

## SQUID

### FRESH SQUID ( 2KG MINIMUM ORDER )

---

PER KG

**£16**

**[www.dockmeatandfish/wholefish](http://www.dockmeatandfish/wholefish)**



Your Shrimply  
the Best!

# Shell Fish

## RAW TIGER PRAWNS

### 40 - 60 PRAWNS MEDIUM SIZE

---

2KG BOX **£26**

### 30 - 40 PRAWNS LARGE

---

2KG BOX **£30**

### 20 - 30 PRAWNS LARGE

---

2KG BOX **£32**

### FRESH ON ICE GIANT KING PRAWNS

---

2KG BOX **£80**



## COOKED FRESH PRAWNS

### FRESH PRAWNS 2KG BOXES

---

40 - 60 PRAWNS	<b>£28</b>
30 - 40 PRAWNS	<b>£30</b>

## CRAB

### FRESH CRAB CLAWS

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PER KG	<b>£12</b>
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## SCALLOPS

### SCALLOPS IN SHELL

---

PER DOZEN

**£30**

### SCOTTISH DRY KING SCALLOPS ( WITH ROE )

---

1KG TUB

**£32**

## LOBSTER & LANGOUSTINES

### LIVE SCOTTISH OR CANADIAN LOBSTERS

---

APPROX 1.1 - 1.5KG WEIGHT  
ON AVERAGE

PRICE ON REQUEST



## OYSTERS

### LOCALLY CAUGHT OYSTER

---

PER DOZEN	<b>£14</b>
BOX OF 20	<b>£26</b>

### RANGE OF OYSTER KNIFES

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-	<b>£6 - £12</b>
---	-----------------



## MUSSELS - CLAMS & RAZOR CLAMS

### MUSSELS

---

2KG BAG

**£7**

### CLAMS

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3KG BAG

**£30**

### RAZOR CLAM (AVERAGE)

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1KG BAG

**£18**

[www.dockmeatandfishshellfish](http://www.dockmeatandfishshellfish)

A piece of white fish, likely cod, is laid out on a dark, textured surface. The fish is garnished with fresh rosemary sprigs and small, golden-brown, flake-like toppings. The text "For Cod sake!" is written in a white, cursive font across the center of the fish.

For Cod  
sake!

# Smoked Fish

## SMOKED HADDOCK & COD

### SMOKED HADDOCK FILLET

---

3/3.2KG BOX

**£42**

### NATURAL SMOKED HADDOCK FILLET

---

3/3.2KG BOX

**£42**

### SMOKED COD FILLETS

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3/3.2KG BOX

**£40**



## SMOKED MACKEREL

### SMOKED WILD ATLANTIC MACKEREL WHOLE

---

3KG BOX

**£33**

### SMOKED WILD ATLANTIC MACKEREL FILLETS

---

3.2KG BOX

**£35**

### SMOKED WILD ATLANTIC MACKEREL FILLETS WITH OR WITHOUT CRACKED BLACK PEPPER

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1KG BOX

**£14**



## SMOKED SALMON & TROUT

### PRIME CUT SMOKED SALMON

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1KG PACK **£35**

1/2 PACK **£18**

### SCOTCH RESERVE HIGHEST QUALITY

---

1KG PACK **£40**

1/2 PACK **£21**

### SMOKED TROUT FILLETS

---

250G **£7**

500G **£13**



## KIPPERS

### MANX ISLE OF MAN OAK SMOKED KIPPERS

---

PER BOX

**£30**

### SCOTTISH WILD CAUGHT SMOKED KIPPERS

---

3KG BOX

**£23**

**[www.dockmeatandfish.smokedfish](http://www.dockmeatandfish.smokedfish)**



A whole fish, possibly a salmon, is laid out on a rustic wooden cutting board. The fish is covered in a white seasoning, likely salt, and garnished with fresh rosemary sprigs. A small bowl of mixed spices is visible in the upper right corner. The scene is set on a dark, patterned cloth.

*Any fin  
is possible*

# Frozen Fish

## COD

### BONELESS SKINLESS COD LOIN

---

10 PIECES IN A BOX

**£22**

### BONELESS SKINLESS COD FILLET

---

4.53KG BOX

**£32**

### COD FILLETS

---

4.53KG BOX

**£40**



## BATTERED COD & HADDOCK

### BATTERED COD APPROX

---

18 PIECES

**£28**

### BATTERED HADDOCK PIECES APPROX

---

15 PIECES

**£28**

### MASSIVE JUMBO COD FISH FINGERS

---

2.5KG BOX

**£27**



## HADDOCK & HALIBUT

### **BONELESS HADDOCK FILLET**

---

4.53KG BOX

**£34**

### **HALIBUT INDIVIDUAL WRAPPED**

---

4.53KG BOX

**£65**

## SALMON

### **SALMON FILLETS**

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1.47 TO 1.55KG BOX

**£32**



## SQUID & WHITEBAIT

### RAW SQUID RINGS (BAG)

---

1KG

£7

### PANKO COATED SQUID RINGS

---

1KG

£12

### WHITEBAIT BREADED

---

1LB BAG

£3



## SQUID & WHITEBAIT

### FROZEN CLEANED SQUID BAG

---

1KG

£12

### FROZEN SALT & PEPPER SQUID

---

1KG

£12

### VEGETABLE SPRING ROLLS

---

50 PIECES

£3.50

3 FOR

£10

[www.dockmeatandfish.frozenfish](http://www.dockmeatandfish.frozenfish)



Shrimply  
irresistible

# Frozen Shellfish

## PRAWNS

### GARLIC & HERB PRAWNS

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1KG	£17.50
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### RAW BLACK TIGER PRAWNS PEELED & DE-VEINED

---

1KG BAG	£14
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1KG XL BAG	£17
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### RAW PEELED DE-VEINED PRAWNS

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1KG GROSS WEIGHT BAG	£12
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## MANGO PRAWNS

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BOX	£12
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## TEMPURA PRAWNS

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500G	£7
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3 FOR	£20
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## COOKED SHELLS ON PRAWNS

### 1KG BOX OF COOKED KING PRAWNS CREVETTES

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MEDIUM 40/60S	£14
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LARGE 30/40S	£16
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EXTRA LARGE 20/30S	£18
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JUMBO 10/20S	£24
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## COOKED SHELL ON PEELER PRAWNS

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5KG BOX

**£35**

## COOKED PEELED PRAWNS

## COOKED FROZEN WILD ATLANTIC COLD WATER PRAWNS TOP QUALITY

---

400G BAG

**£7**

2KG BAG

**£30**

## FANTAIL PRAWNS

---

2KG

**£30**

## COOKED BAG OF FROZEN PRAWNS

---

2KG

**£20**



## CRAB LOBSTER & LANGOUSTINES

### FROZEN CRAB CLAWS

---

1KG BAG

**£16**

### SURIMI BREADED CRAB CLAWS

---

1KG BAG

**£6**

### SNOW CRAB MEAT

---

320G

**£17**



## RAW LOBSTER TAILS

---

5-6OZ TAILS - EACH

**£11**

## SURIMI PREMIUM CRAB STICKS 500G PACKS

---

EACH

**£4**

## FROZEN ROELESS SCALLOP

---

1KG BAG

**£24**



## COCKLES, WINKLES, WHELKS & MUSSELS

### COCKLES

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1KG BAG	<b>£20</b>
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### WHELKS

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1KG BAG	<b>£13</b>
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2KG BAG	<b>£25</b>
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### WINKLES

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2KG BAG	<b>£9</b>
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## NEW ZEALAND GREEN LIP MUSSELS

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908G

£9

## MUSSEL MEAT

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1KG BAG

£6

[www.dockmeatandfish.frozenshellfish](http://www.dockmeatandfish.frozenshellfish)

A top-down view of four cooked crabs arranged on a dark grey tray. Each crab is garnished with a slice of lemon and a small piece of green onion. The crabs are a vibrant orange-brown color, indicating they are well-cooked. The tray is set against a dark, textured background.

*Our meat is  
Clawsome!*

# Prepared Fish

## WELLINGTON

### SALMON WELLINGTON

---

12 FOR

**£38**

### COD OR HADDOCK WELLINGTON

---

12 FOR

**£34**





## JELLIED EELS

### MEDIUM TUB

---

GOOD TO SHARE

**£12**

### LARGE TUB

---

2-4 PPLE SIZE PORTION

**£15**

### EXTRA LARGE BOWL

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PARTY SIZE BOWL

**£50**



## ROLL MOPS

### ROLLMOP HERRING

---

6 X 380G TUB	<b>£20</b>
3KG TUB	<b>£22</b>

### SWEET CURE

---

6 X 380G TUB	<b>£20</b>
3KG TUB	<b>£22</b>

### DILL MARINATED

---

6 X 380G TUB	<b>£20</b>
3KG TUB	<b>£22</b>



## PACKED & PREPARED CRAB

### DRESSED CRAB

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8-9OZ (EACH)	£6
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### DEVON CRAB CLAW MEAT

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227G	£17
------	-----

454G	£33
------	-----

## OCEANS PINK

### OCEAN PINK 454G

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A BAG	£7
-------	----

3 FOR	£20
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## SCAMPI, MUSSELS & OCTOPUS

### WHOLETAIL SCAMPI

---

454G

£5

### TUB OF MUSSELS

---

-

£24

### MARINATED OCTOPUS SALAD

---

-

£16



## COCKELS, MUSSELS & WHELKS

### COCKLES

---

TUB £9

### MUSSELS

---

TUB £9

### WHELKS

---

TUB £9

[www.dockmeatandfish.preparedfish](http://www.dockmeatandfish.preparedfish)



Every little  
things gonna  
Brie alright

# Cheese

## CHEESE

### WELSH COLLIER MATURE CHEESE BLOCK

---

PER KG

£9

### GRATED MATURE/MILD CHEESE

---

2KG BAG

£17

### GRANA PADANO ITALIAN HARD CHEESE

---

PER KG

£15



## 5KG BLOCKS

### MANOR PARK MILD CHEESE

---

5KG

**£38**

### CARDINAL MATURE CHEESE

---

5KG

**£42**

## VARIOUS CHEESE

### HALLUMI CHEESE

---

250G

**£3.50**

3 FOR

**£10**





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## SLICED MONTEREY JACK

1KG

£13

---

## MOZZARELLA

1KG

£8

---

## GREEK FETA CHEESE

90G

£9



## CLAWSON BLUE STILTON CHEESE WHEEL

---

2KG

£27

## EDAM BALL APPROX

---

1.8KG

£14

## BRIE WHEEL

---

1KG

£8

[www.dockmeatandfish.cheese](http://www.dockmeatandfish.cheese)



*Eggsquisite  
Eggs*



## EGGS

### 30 LARGE CHICKEN EGGS

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- £8

### 20 LARGE DUCK EGGS

---

- £10

### 6 LARGE DUCK EGGS

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- £3.50

[www.dockmeatandfish.eggs](http://www.dockmeatandfish.eggs)

A photograph of a wooden surface with a bowl of brown powder on the left and a green plant on the right. The text "Delicious Flavours" is written in white cursive in the center.

Delicious  
Flavours



# Flavour Glazes

## CAJUN GLAZE

---

100G BAG **£2**

3 FOR **£5**

## PIRI PIRI GLAZE

---

100G BAG **£2**

3 FOR **£5**



### CHINESE GLAZE

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100G BAG	<b>£2</b>
3 FOR	<b>£5</b>

### SMOKY BBQ GLAZE

---

100G BAG	<b>£2</b>
3 FOR	<b>£5</b>

### PEPPER STEAK COATED

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100G BAG	<b>£2</b>
3 FOR	<b>£5</b>



### KEBAB & BURGER SEASONING

---

100G BAG	£2
3 FOR	£5

### GARDEN MINT

---

100G BAG	£2
3 FOR	£5

### LEMON PEPPER COATER

---

100G BAG	£2
3 FOR	£5





## STICKY MAPLE FLAVOUR GLAZE

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100G BAG	£2
3 FOR	£5

## HOT & SPICY

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100G BAG	£2
3 FOR	£5

## KENTUCKY STYLE BOURBON

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100G BAG	£2
3 FOR	£5



### **FIRECRACKER GLAZE**

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100G BAG	<b>£2</b>
3 FOR	<b>£5</b>

### **ORIENTAL SALT & PEPPER GLAZE**

---

100G BAG	<b>£2</b>
3 FOR	<b>£5</b>

### **NEW TANDOORI GLAZE**

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100G BAG	<b>£2</b>
3 FOR	<b>£5</b>



## MEXICAN CHILLI

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100G BAG **£2**

3 FOR **£5**

## CARIBBEAN JERK

---

100G BAG **£2**

3 FOR **£5**



## GLUTEN FREE BUFFALO GLAZE

---

100G BAG	£2
3 FOR	£5

## GLUTEN FREE WEEPING TIGER

---

100G BAG	£2
3 FOR	£5

## GLUTEN FREE FAJITA

---

100G BAG	£2
3 FOR	£5



## GLUTEN FREE CHIMCHURRI

---

100G BAG	£2
3 FOR	£5

*ALL GLAZES LISTED ARE BRITISH MADE! HIGH QUALITY CATERING GLAZES PORTIONED FOR THE GENERAL PUBLIC AND ARE ALL FREE FROM HYDROGENATED VEGETABLE FAT ,WITH NO ARTIFICIAL COLORS ,NO ADDED FLAVORS & NO ADDED SWEETENERS!*

*ADD ANY ONE OF THESE 100 GRAM PACKS FOR ONLY £2 TO ANY ORDER **ALLERGY & PREPARATION ADVICE** PLEASE SCROLL THROUGH THE PHOTOS FOR A FULL LIST OF THE INGREDIENTS & PREPORATION ADVISE OF EACH PRODUCT.*

# Contact us

CONTACT ME FOR ALL SERVICES STATED ON MY BROCHURE

IF THERE IS SOMETHING THAT IS NOT LISTED THAT YOU  
WOULD BE INTERESTED IN, PLEASE ASK.

**EMAIL: DOCKMEATANDFISH@OUTLOOK.COM**

**FACEBOOK**

